

INTERNAL APPLICATIONS OF VATSANABHA (*Aconitum ferox* Wall.): A COMPREHENSIVE AYURVEDIC REVIEW

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Abstract

Vatsanabha (*Aconitum ferox*) has been categorized under the Sthavaravisa (vegetable poisons) group of drugs. Though Vatsanabha is considered as one of the deadly poison, it has been extensively used in Ayurvedic pharmacopoeia. In Ayurvedic literature, Vatsanabha has been utilized, in multi dosage forms, to combat various disease conditions. Recent available Ayurvedic literature does not provide single hand information on various internal application of Vatsanabha. This review portrays the wide usages of Vatsanabha in the form of internal administration from 59 different classical texts consisting of treatise and compendias. About 1378 formulations, having Vatsanabha as an ingredient is used to combat in almost 79 varied diseases. Among these disease conditions, maximum are indicated for the management of Jvara (fever), followed by Vāṭavyādhi (neuro-muscular anomalies) and Kuṣṭha (disease of skin) etc. Present data may encourage researcher to think over the use of the drug in pharmaceutical and clinical research.

Keywords: *Aconitum ferox*; Internal applications; Poisons; Vatsanabha; Visha.

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INTRODUCTION

In Ayurveda, Vatsanabha (*Aconitum ferox*) has been categorized under the sthavara visa (vegetable poisons) group of drugs.^[1] Though Vatsanabha is considered as one of the deadly poison, it has been extensively used in ayurvedic pharmacopoeia. All most all classical texts of Ayurveda i.e. samhita, nighantu, cikitsagrantha and rasagrantha provide information about various aspects of vatsanabha. Single hand information on vatsanabha is still lacking. Hence, a meticulous review work was under taken to create an exclusive database on the internal application of vatsanabha from classical Ayurvedic Pharmacopoeias and compendias.

MATERIAL AND METHODS

In this review, information from various classical texts of Ayurveda like Charaka Samhita (Ch.S.)^[2]; Sushruta Samhita (Su.S.)^[3]; Ashtanga Samgraha (A.S.)^[4]; Ashtanga Hridaya (A.H.)^[5]; Kashyapa Samhita (Ka.S.)^[6]; Bhela Samhita (Bh.S.)^[7]; Harita Samhita (Ha.S.)^[8]; Vrindamadhava (Vr.Md.)^[9]; Chakradutta (C.D.)^[10]; Gadaniagraha (G.Ni.)^[11]; Vangasena (V.S.)^[12]; Sharangdhara Samhita (Sh.S.)^[13]; Bhavaprakasha Samhita (Bh.P.S.)^[14]; Yogaratnakara (Y.R.)^[15]; Bruhata Nighantu Ratnakara (Bh.Ni.Rt.)^[16]; Bhaishyajya Ratnavali (Bh.Rt.)^[17]; Sahasra Yoga (S.Y.)^[18]; Bharata Bhaisajya Ratnakara (B.B.R.)^[19]; Chikitsa Kalika (Ch.Ka.)^[20]; Chamatkara Chintamani (Ch.Chi.)^[21]; Siddhabheshaja Manimala (Si.B.M.)^[22]; Vaidya Jivana (V.J.)^[23]; Vaidya Manorama (Vd.M.)^[24]; Yoga Cintamani (Y.C.)^[25]; Vaidya Cintamani (V.D.C.)^[26]; Basavarajiam (B.V.J.)^[27]; Vaidya rahasya (V.R.)^[28]; Anupana Manjari (A.M.)^[29]; Rasendra Mangala (R.Mn.)^[30]; Rasa Hridaya Tantra (R.H.T.)^[31]; Rajamartanda (R.M.)^[32]; Rasarnava Nama Rasatantrama (Rr.Rt.)^[33]; Rasendra Chudamanai (Rs.Chu.)^[34]; Rasa Prakasha Sudhakara (Rs.Pr.)^[35]; Rasa Ratna Samucchaya (R.R.S.)^[36]; Rasa Paddhati

(R.P.)^[37]; Ananda Kanda (A.K.)^[38]; Rasa Chintamani (Rs.Ch.)^[39]; Rasamanjiri (R.M.)^[40]; Rasendra Chintamani (Rs.Chn.)^[41]; Rasendra Sara Samgraha (R.S.S.)^[42]; Rasa Kamadhenu (R.K.)^[43]; Yogatarangini (Y.T.)^[44]; Arka Prakasha (Ar.Pr.)^[45]; Ayurveda Prakasha (Ay.Pr.)^[46]; Brihata Rasaraja Sundara (B.R.S.)^[47]; Rasaraja Mahodadhi (R.R.M.)^[48]; Rasa Jala Nidhi (R.J.N.)^[49]; Rasayoga Sagara (R.Y.S.)^[50]; Rasamitra (R.Mi.)^[51]; Rasopanishata (R.N.)^[52]; Rasatarangini (R.T.)^[53]; Rasendra Sambhava (Rs.Sm.)^[54]; Abhinava Navajeevana (Ab.Nv.)^[55]; Rasa Kaumidi (R.K.D.)^[56]; Rasa Sanketa Kalika (Ra. S. K.)^[57]; Rasa Dipika (R.D.)^[58]; Rasayana Sara (R.N.S.)^[59]; Rasamrutam (R.A.)^[60] has been compiled.

To have information pertaining to Vatsanabha known paryaya (synonyms) like Vatsanabha, Amṛta, pradipana, Vara, Garala, śambha, Gara, Halāhala, Brahmaputra, Sādhushudhe, Darada, Kṣveda, Raudra, Kālkūṭa, Śṅgika were searched as key word. Formulations containing Vatsanabha or its parts, as an ingredient, were critically studied and recorded in a specially designed information sheet.

Various abbreviations were used to not the dosage form such as Gutikā (Gt), Cūrṇa (Cr), Taila (Tl), Ghṛta (Gr), Avleha (Al), Kvātha (Kw) and Svarasa (Sr). Various Ayurvedic technical terms were presented with equivalent English terms and diacritic mark by referring well accepted dictionaries.^[61]

English equivalent of various disease conditions were referred from Ayurvedic Formulary of India (AFI).^[62] Indications of Vatsanabha containing formulations on various diseases, as internal administration were categorized according their srotasa of origin and were presented in a tabular form accordingly.^[63]

RESULTS

On keen observation, it is noted that Vatsanabha has been used in a total of 1557 formulations, out of which 196 were found repeated. Total 1378 formulations were found. Among these formulations for internal applications, maximum dosages form are of Gutikā (1034), Cūrṇa (355), Taila (7), Ghṛta (5), Avleha (4), Kvātha (3), and Svarasa (1).

Indications

Formulations containing vatsanabha have been indicated in the management of Agnimāṇḍya, Grahanī, Ajīrṇa, Śūla, Atisāra, Gulma, Udara, Kṛmi, Arśa and other indications related to annavaha - Purishavaha strotas have been presented in Table1.

1. Annavaha-Purishavaha Srotasa

Agnimāṇḍya (digestive impairment) – These includes 79 references of Vatsanabha usages. Gutika is maximum (73) dosage form in the management of Agnimāṇḍya.

Grahanī (sprue) – These includes 69 references of Vatsanabha usages. Maximum dosage form is Gutika (53) in the management of Grahanī.

Ajīrṇa (indigestion) – These includes 58 references of Vatsanabha usages. Gutika is maximum (49) dosage form in the management of Ajīrṇa.

Śūla (colic Pain) – These includes 58 references of Vatsanabha usages. Gutika is maximum (50) dosage form in the management of Śūla.

Atisāra (diarrhoea) – These includes 44 references of Vatsanabha usages. Maximum dosage form is Gutika (30) in the management of Atisāra.

Gulma (abdominal lump) – These includes 22 references of Vatsanabha usages. Gutika is maximum (16) dosage form in the management of Gulma.

Udararoga (disease of abdomen) – These includes 19 references of Vatsanabha usages. Gutika is maximum (16) dosage form in the management of Udararoga.

Kṛmi (worm infestation) – These includes 13 references of Vatsanabha usages. Gutika is maximum (10) dosage form in the management of Kṛmi.

Arśa (Piles) – These includes 13 references of Vatsanabha usages. Maximum dosage form is Cūrṇa (07) in the management of Arśa.

Other indications: One each in Vibāṇḍha (constipation) and Chardi (emesis). Two each in Udāvarta (upward movement of gases). Three each in Bhagaṇḍara (fistula-in-ano), Aruci (anorexia) and Yakrutaplihodara (liver & splenic disorders). Seven each in Pliḥā (splenic disorders). Eight each in Visūcikā (diarrhea). (Table 1)

2. Pranavaha- Rasavaha Srotasa

Formulations containing vatsanabha indicated in the management of Kāsa, Rājayakṣmā, Śvāsa, Rasāyana and other indications related to Pranavaha- Rasavaha Srotasa have been presented in Table 2.

Kāsa (cough) – These includes 68 references of Vatsanabha usages. Gutika is maximum (55) dosage form in the management of Kāsa.

Rājayakṣmā (tuberculosis) – These includes 49 references of Vatsanabha usages. Maximum dosage form is Gutika (28) in the management of Rājayakṣmā.

Table 1: Formulations containing vatsanabha indicated in Annava - Purishavaha Srotasa disorders

Sr. No.	Formulations	Dosage Forms	Ref.
Agnimāndya			
1.	Ānandabhairava Rasa	Gt	43, 50
2.	Ānandodaya Rasa	Gt	40
3.	Āditya Rasa	Gt	17
4.	Agnidipana Rasa	Cr	19
5.	Agniyananī Vaṭī	Gt	19, 50
6.	Agnikumāra Rasa	Gt	17, 41, 50
7.	Agnikumāra Rasa	Cr	19, 28, 36 57,
8.	Agnikumara Rasa 11	Gt	50
9.	Agnikumara Rasa 14	Gt	50
10.	Agnikumara Rasa 18	Gt	50
11.	Agnikumara Rasa 19	Gt	50
12.	Agnikumara Rasa 22	Gt	50
13.	Agnikumara Rasa 23	Gt	50
14.	Agnikumara Rasa 33	Gt	50
15.	Agnimāndya Vaṭī	Gt	27
16.	Agnimukha Rasa	Gt	19, 43, 50
17.	Agniprada Rasa	Cr	50
18.	Agnisahāya Rasa	Gt	49
19.	Agnisāndipana Rasa	Gt	19, 17
20.	Agnituṇḍī Rasa	Gt	13, 17, 19, 26, 28, 40, 49, 54, 50
21.	Ajīrṇabalakālānala Rasa	Gt	17
22.	Ajīrṇakaṇṭaka Rasa	Gt	17, 41, 49
23.	Amṛta Rasa	Gt	49
24.	Amṛta Vaṭī	Gt	17, 41
25.	Amṛtakalpa Vaṭī	Gt	17
26.	Analajanaka Rasa	Gt	49
27.	Bhaktavipāka Vaṭī	Gt	17
28.	Bhāskara Rasa	Gt	17, 19
29.	Br̥hanmahodadhi Rasa	Gt	47
30.	Br̥hat Hutāśana Rasa	Gt	54
31.	Caṇḍāgni Rasa	Gt	19
32.	Candrodaya Rasa	Cr	19
33.	Gomedaka Rasāyana	Cr	50
34.	Hutāśana Rasa	Gt	15,17, 19, 43, 49
35.	Jātīphalādi Vaṭī	Gt	17
36.	Kamba Rasa	Gt	49
37.	Kṣāra Vaṭī	Gt	50
38.	Kṣāra Yoga	Gt	26

39.	Kṣetrapāla Rasa	Gt	50
40.	Kṣudhāsāgara Rasa	Gt	17, 19, 50
41.	Kṣudhāsindhu Rasa	Gt	49
42.	Laghvānda Rasa	Gt	41
43.	Mahārāja Nṛpativallabha Rasa	Gt	19
44.	Mahāsaṅkha Rasa	Gt	49
45.	Mahāsaṅkha Vaṭī	Gt	17, 41
46.	Mahodadhi Vati	Gt	17, 41, 43, 50
47.	Nīlakaṇṭha Rasa	Gt	19
48.	Pāsupata Rasa	Gt	17
49.	Rājaśekhara Rasa	Gt	49
50.	Rājaśekhara Vaṭī	Gt	50
51.	Rājavallabha Rasa	Gt, Cr	17,41
52.	Rāmabāṇa Rasa	Gt	14,28, 41,42, 49,
53.	Rasa Keśarī Rasa	Gt	17
54.	Rogebhasiṇha Rasa	Gt	43
55.	Śadānana Gutikā	Gt	50
56.	Śambhū Rasa	Gt	19, 50
57.	Sandipana Rasa	Gt	49
58.	Saṅjīvanī Vaṭī	Gt	19
59.	Saṅkha Vaṭī	Gt	14,17, 42
60.	Sarvagadharī Vatikā	Gt	50
61.	Sarvāmāyaghna Rasa	Gt	49
62.	Sarvaṅgasundara Rasa	Gt	50
63.	Sarvarogāntaka Rasa	Gt	49
64.	Sarvārogya Rasa	Gt	19
65.	Śmbhu Rasa	Gt	43
66.	Sudhānidhi Rasa	Gt	17
67.	Sūryaprabhā Gutikā	Gt	19, 36
68.	Sūtādi Vaṭī	Gt	50
69.	Ṭaṅkaṇḍī Vaṭī	Gt	17, 19
70.	Vaḍavāmukhī Vaṭī	Gt	36
71.	Vadavānala Rasa	Gt	57, 43
72.	Vādavo Rasa	Cr	43
73.	Vahni Rasa	Gt	50
74.	Vahnidipana Rasa	Gt	49
75.	Vahnīsūta Rasa	Gt	35
76.	Vahnīsūto Rasa	Gt	19
77.	Vaiśvānara Rasa	Gt	43
78.	Viṣa Rasāyanam	Gt	53
79.	Visūcividhvaṅsa Rasa	Gt	19
Grahaṇī			
1.	Abharaka Vaṭī	Gt	28
2.	Abhrakādi Vaṭī	Gt	19
3.	Agnikumāra Rasa	Cr	19, 36, 43, 47
4.	Agnikumāra Rasa	Gt	49, 42
5.	Agnikumāra Rasa 1	Gt	50
6.	Agnikumāra Rasa 6	Gt	50
7.	Agnikumāra Rasa 7	Gt	50
8.	Agnikumāra Rasa 26	Gt	50

9.	Agnivivardhana Rasa	Gt	49
10.	Āmakūthāra Rasa	Gt	27
11.	Amṛta Rasendro Rasa	Gt	50
12.	Amṛta Vatikā	Gt	43
13.	Ānanda Bhairava Rasa	Gt	27
14.	Catumūrti Rasa	Cr	19
15.	Dugdha Vaṭī	Gt	17, 49
16.	Gaganasundara Rasa	Cr	19, 43
17.	Ghṛtajvarārī Rasa	Gt	50
18.	Grahaṇī Gajakesarī Rasa	Cr/Gt	19, 27, 50
19.	Grahaṇī Madavarana Sinha Rasa	Gt	50
20.	Grahaṇī Setu Rasa	Gt	50
21.	Grahaṇīgajakesarī Rasa	Gt	49
22.	Grahaṇīhara Rasa	Gt	50
23.	Grahaṇīkapāṭa Rasa	Gt	19, 28, 50
24.	Grahaṇīkapāṭa Rasa	Cr	40, 47
25.	Grahaṇīvela Rasa	Gt	56
26.	Grahaṇīyāntaka Ghṛta	Gr	18
27.	Hāṇsapoṭṭalī Rasa	Gt/Cr	19, 41, 42, 43, 47, 49, 50, 54
28.	Hutāśana Rasa	Gt	50
29.	Jatikalādyā Vaṭikā	Gt	42
30.	Jāṭikalādi Rasa	Gt	49
31.	Kalpalatā Rasa	Gt	50
32.	Kalpalatā Vaṭī	Gt	19
33.	Kanaka Sundara Rasa	Gt	15, 18, 19, 25, 36
34.	Kanakaprabha Guṭikā	Gt	43
35.	Kanaka Sundara Rasa	Cr	41, 50
36.	Kapāṭa Rasa	Gt	42
37.	Lokanātha Rasa	Cr	19
38.	Lokanātha Rasa	Gt	50
39.	Lokānta Rasa	Gt	27
40.	Madavāraṇasinha Rasa	Gt	27
41.	Mahābhra Vaṭī	Gt	19
42.	Mahārāja Nrpati Vallabha Rasa	Gt	42
43.	Mahārāja Nrpati Vallabha Rasa (2)	Gt	42
44.	Mahārājanṛpa Vallabha Rasa	Gt	17
45.	Mañjiṣṭhādyā Taila	Tl	19
46.	Mūstādi Curna	Cr	19
47.	Nṛpativallabha Rasa	Gt	50
48.	Pāradādi Vaṭī	Gt	47, 50
49.	Piyūṣa Vaṭī	Gt	49
50.	Purṇakalā Vaṭī	Gt	17, 19, 42
51.	Rājendravalabha Rasa	Gt	49
52.	Rāmabāṇa Rasa	Gt	17, 54

53.	Saṅgrahaṇī Vajrakapata Rasa	Cr	43
54.	Saṅgrahaṇīhara Rasa	Cr	43
55.	Śaṅkha Vaṭī	Gt	15
56.	Saṅgrahaṇī kapāṭa Rasa	Cr/Gt	49, 54
57.	Sarvārogya Rasa	Gt	49
58.	Śīghraprabhāva Rasa	Gt/Cr	19, 36, 49, 47, 50,
59.	Śivasādhana Rasa	Gt	49
60.	Sūtādi Vaṭī	Gt	47
61.	Suvarṇasundara Rasa	Gt	49
62.	Takra Vaṭī	Gt	19
63.	Tāmra Parpaṭī	Cr	39, 60
64.	Vādava Rasa	Cr	50
65.	Vadavānala Rasa	Gt	50
66.	Vajrakapāṭa Rasa	Cr	35
67.	Varāṭādi Yoga	Gt	19, 47
68.	Vijaya Bhairava Rasa	Gt	41, 43
69.	Viṣa kalpa	Cr	36
Ajirṇa			
1.	Āditya Rasa	Gt	43, 15, 19, 26, 27, 44, 47, 49, 50
2.	Agnikumāra Rasa	Gt/Cr	15, 26, 27, 36, 42, 60,
3.	Agnikumara Rasa 3	Gt	50
4.	Agnikumara Rasa 4	Gt	50
5.	Agnikumara Rasa 5	Gt	50
6.	Agnimukha Rasa	Gt	15
7.	Agnisaṇḍīpana Rasa	Gt/Cr	47, 50
8.	Agnitunḍī Rasa	Gt	42
9.	Agnitunḍī Vaṭī	Gt	47, 60
10.	Ajirṇa balakālānala Rasa	Gt	27
11.	Ajirṇa Gajāṅkuśa Rasa	Cr	50
12.	Ajirṇahara Rasa	Gt	15, 19
13.	Ajirṇahara Rasa 2	Cr	50
14.	Ajirṇahara Rasa 3	Cr	50
15.	Ajirṇaharamahodadhi Vaṭī	Gt	48
16.	Ajirṇaharī Vaṭī	Gt	15, 19
17.	Ajirṇakālānala Rasa	Gt, Cr	19, 47, 50
18.	Ajirṇakāṇṭaka Rasa	Gt	13, 14, 15, 19, 26, 28, 40, 42, 47, 50
19.	Ajirṇakāṇṭaka Rasa	Cr	36, 43
20.	Ajirṇakāṇṭaka Vati	Gt	50
21.	Amṛta Vati	Gt	36, 42, 47, 50

22.	Amṛtakalpa Vati	Gt	42
23.	Amṛteśvara Rasa 3	Cr	50
24.	Bhairavī Vaṭī	Gt	19, 47
25.	Bhaktapāka Vaṭī	Gt	19, 42
26.	Bhāskara Rasa	Gt	47
27.	Bhuktadrāvī Rasa	Gt	19
28.	Bhuktapāka Vaṭikā	Gt	47
29.	Br̥hat Śaṅkha Vaṭī	Gt	47
30.	Br̥hat Hutāśana Rasa	Gt	42
31.	Br̥hat Śaṅkha Vati	Gt	42
32.	Cintāmaṇī Rasa	Gt	42, 50
33.	Hutāśana Rasa	Gt	26, 28, 42, 47
34.	Jatikalādi Vati	Gt	42
35.	Kṣāra Vaṭī	Gt	19
36.	Kṣāra Yoga	Cr	19
37.	Kṣārādika yoga	Gt	15
38.	Kṣudvodha Rasa	Gt	47
39.	Labdhānanda Rasa	Gt	47
40.	Mahāśaṅkha Vaṭī	Gt	47, 60
41.	Mahodadhi Rasa	Gt	19
42.	Mahodadhi Vati	Gt	40, 42, 47
43.	Pāśupata Rasa	Cr	19
44.	Pāśupata Rasa	Gt	15, 26, 39, 42, 47
45.	Pradipana Rasa	Gt	42
46.	Rājaśekhara Vaṭī	Gt	36
47.	Rājavallabha Rasa	Cr	40, 43
48.	Rājavallabha Rasa	Gt	47
49.	Rāmabāṇa Rasa	Cr	47
50.	Ravisundara Vaṭī	Gt	19, 47
51.	Sanjīvanī Guṭikā	Gt	25, 15, 28, 44
52.	Śaṅkha Vaṭī	Gt	19, 42, 44, 47, 50,
53.	Sarvarogāntaka Vaṭī	Gt	19, 36
54.	Sūrya Vaṭī	Gt	50
55.	Svayamgni Rasa	Gt	19
56.	Taṅkaṇadi Vaṭī	Gt	47
57.	Vahni Rasa	Gt	19
58.	Vahnināmaka Rasa	Gt	47
Śūla			
1.	Āmakuṭhāra Rasa	Gt	50
2.	Āditya Gutikā	Gt	19
3.	Agnikumāra Rasa	Cr	19
4.	Agnimukha Rasa	Gt	19, 49, 42
5.	Agnimukha Rasa	Cr	36, 50
6.	Amṛtakalpa Vaṭī	Gt	19
7.	Aśvakaṇcukī Rasa2	Gt	50
8.	Bhāskara Rasa	Gt	50
9.	Bhāsvada Vaṭī	Gt	19, 28
10.	Br̥hata śaṅkha Vati	Gt	43

11.	Dāvānala Rasa	Cr	28
12.	Gajakesarī Rasa	Gt	26
13.	Garalādi Vaṭī	Gt	26
14.	Gudajahara Rasa	Gt	19
15.	Hutāśana Rasa	Gt	54
16.	Kāruṇyasāgara Rasa	Cr	19
17.	Kubjavinoda Rasa	Gt	50
18.	Madhusudana Rasa	Cr	50
19.	Mahā śaṅkha Vati 1	Gt	43
20.	Mahā śaṅkha Vati 2	Gt	43
21.	Mahā śaṅkha Vati 3	Gt	43
22.	Mahāśulāhara Rasa	Gt	26
23.	Maheśvara Rasa	Cr	43
24.	Mānsajarana Rasa	Gt	50
25.	Nilakanṭha Rasa	Gt	43
26.	Pañcātmaka Rasa	Gt	19, 42, 47, 50,
27.	Pañcānana Rasa	Gt	43
28.	Rasacūḍāmaṇī Rasa	Gt	50
29.	Samīraśūlebhabhari Rasa	Gt	19
30.	Śaṅkha Vaṭī	Gt	15
31.	Śaṅkha Vati 1	Gt	43
32.	Śaṅkha Vati 2	Gt	43
33.	Śaṅkha Vati 3	Gt	43
34.	Śaṅkha Vati 4	Gt	43
35.	Śaṅkharasa Guṭikā	Gt	17
36.	Sarvāṅgasundara Rasa	Gt	50
37.	Śūlebhasiṇī Rasa	Gt	43
38.	Śrīkhalāvātanaśana Rasa	Gt	50
39.	Śūladāvānala Rasa	Gt	15, 19, 27, 42, 50,
40.	Śūlagajakeśarī Rasa	Gt	15, 19, 26, 43,50
41.	Śūlahara Rasa	Gt	59
42.	Śūlakuṭhāra Rasa	Gt	19, 27, 50
43.	Śūlārī Rasa	Gt	43
44.	Śūlasīṇha Rasa	Gt	19, 50
45.	Śulbasundara Rasa	Gt	19, 26, 41
46.	Śūlebhasiṇīhanī Gutikā	Gt	19, 50
47.	Sūryaprabhā Guṭikā	Gt	18
48.	Sūryaprabhā Vaṭī	Gt	15, 19
49.	Suryaprabhava Vatika	Gt	57
50.	Tāmra Yoga	Gt	50
51.	Trikatukādi Curṇa	Cr	19
52.	Trivṛṣṭapa Rasa	Gt	30, 50
53.	Udayamārtāṇḍa Rasa 3	Gt	50
54.	Vacādi Vaṭī	Gt	19
55.	Vahnimukha Rasa	Gt	49
56.	Vaiśvānara Yoga	Gt	50
57.	Viṣa kalpa	Cr	36

58.	Viśvambhara Rasa	Gt	50
Atisāra			
1.	Abhayanṛsinha Rasa	Gt	17, 19, 49, 47, 50
2.	Agnikumāra Rasa	Gt	17
3.	Amṛta Vaṭī	Gt	59
4.	Ānanda Bhairava Rasa	Gt	13,17, 25, 26, 40,41,42, 43,49, 50,54
5.	Ānanda Bhairava Rasa	Cr	19, 47
6.	Ānanda Bhairava Rasa 2	Gt	50
7.	Ānanda Bhairava Rasa 3	Gt	50
8.	Ānanda Rasa	Cr	26, 47
9.	Atisāra Dālana Rasa 1	Cr	50
10.	Atisāra Dālana Rasa 2	Cr	50
11.	Atisāra Kuṭhāra Rasa	Cr	50
12.	Atisārahara Rasa	Gt	43
13.	Atisārahara Rasa 2	Gt	50
14.	Atisārahara Rasa 4	Gt	50
15.	Atisāra vidāraṇama Rasa	Cr	50
16.	Atisārebhasiṇha Rasa	Cr	50
17.	Candrāmṛta Rasa	Gt	50
18.	Cintāmaṇī Rasa	Gt	42
19.	Grahaṇī Kapāṭa Rasa	Gt	50
20.	Haṇsapoṭṭalī Rasa	Gt	17
21.	Hemasundara Rasa	Gt	19, 57
22.	Kanakaprabhā Rasa	Gt	49
23.	Kanakaprabhā Vati	Gt	42, 17
24.	Kanakasuṇḍara Rasa	Cr	47
25.	Kanakasuṇḍara Rasa	Gt	27, 42, 49, 54
26.	Kanakasuṇḍara Rasa1	Gt	43
27.	Kanakasuṇḍara Rasa2	Gt	43
28.	Kāruṇya Sāgara Rasa	Gt	17,26, 41, 42
29.	Kāruṇya Sāgara Rasa	Cr	43
30.	Mṛtasaṇjīvana Rasa	Gt	15, 17, 27, 42
31.	Mṛtasaṇjīvana Rasa	Cr	19, 41
32.	Mṛtasaṇjīvana Vaṭī	Gt	17, 42, 50
33.	Mṛtotthāpana Rasa	Gt	50
34.	Mrutasanjivana Rasa1	Cr	43
35.	Mrutasanjivana Rasa2	Cr	43
36.	Pañcāmṛta Rasa	Gt	53
37.	Pratāpabhairava Rasa	Gt	49
38.	Pretasaṇjīvana Rasa	Gt	49
39.	Śaṅkhodara Rasa	Gt	19, 50
40.	Śaṅkhodara Rasa	Cr	47
41.	Sannipāta Bhairava	Gt	26

	Rasa		
42.	Sudhāsāra Rasa	Gt	49
43.	Sukhasaṇjīvanī Rasa	Gt	49
44.	Vātātisāre Vātāri Rasa	Cr	47
Gulma			
1.	Cintāhara Rasa	Gt	49
2.	Cintāmaṇī Rasa	Cr	36
3.	Gulma kuṭhāra Rasa	Gt	19, 50
4.	Gulmagadebhasiṇha Rasa	Gt	19
5.	Gulmagajakeshari Rasa	Gt	50
6.	Gulmahara Rasa	Gt	43
7.	Gulmāri Rasa	Gt	50
8.	Gulmaśūla hara Rasa	Gt	50
9.	Pratāplaṅkeśvara Rasa	Gt	43
10.	Śaṅkhaṇṇī Rasa	Gt	18
11.	Sarvarogapara Rasa	Gt	48
12.	Sarvasuṇḍara Rasa	Gt	50
13.	Sarveśvara Rasa	Cr	17, 41, 42, 50
14.	Somanāthitāmram	Cr	50
15.	Trailokyāḍambara Rasa	Gt	50
16.	Trailokyasuṇḍara Rasa	Gt	43
17.	Trayūṣṇādi Vati	Gt	50
18.	Tridaśeśvara Rasa	Cr	43
19.	Udayamārtaṇḍa Rasa	Gt	17
20.	Vaḍavānala Rasa	Cr	17, 54
21.	Viṣa kalpa	Cr	36
22.	Yogasara Rasa	Gt	50
Udara Roga			
1.	Agnitūṇḍī Vaṭī	Gt	35
2.	Ānanda Rasa	Gt	19
3.	Bīraja Rasa	Gt	49
4.	Cūlikādi Vaṭī	Gt	19
5.	Jalodararogahara Rasa	Gt	50
6.	Mahodadhi Rasa	Gt	40
7.	Pāśupatastra Rasa	Gt	43
8.	Pristraviudara Rasa	Gt	50
9.	Śaṅkhaḍrāva Rasa	Gt	50
10.	Sarvaṅgasundarī Vaṭī	Gt	50
11.	Trailokyaraṇjāna Rasa	Gt	49
12.	Trailokyasuṇḍara Rasa	Gt	19, 47, 49,50
13.	Udaraghna Rasa	Cr	19
14.	Udaraghna Rasa	Gt	49, 50
15.	Udarāri Rasa 6	Cr	50
16.	Vaiśvanāra Rasa	Cr	36
17.	Vaiśvanāra Rasa	Gt	19, 49, 50,
18.	Vaiśvānara Vaṭī	Gt	47, 50
19.	Vyādhi dāvānala Rasa	Gt	50
Kṛmi			
1.	Anila Rasa	Cr	41
2.	Catuhsama Rasa	Gt	50

3.	Dadimādi Yoga	Gt	50
4.	Krimirogāri Rasa	Gt	17, 47, 49, 54
5.	Kṛmi Kālānala Rasa	Gt	17, 47, 50, 42, 19, 49, 54
6.	Kṛmi Kuṭhāra Rasa	Gt	19, 26, 47
7.	Kṛmi Kuṭhāra Rasa 2	Gt	50
8.	Kṛmi Kuṭhāra Rasa 4	Gt	50
9.	Kṛmikālākūṭa Rasa	Gt	19, 50, 59
10.	Kṛmināśana Rasa	Gt	50
11.	Kṛmivinaśaka Rasa	Cr	42
12.	kuṭhāroḡāri Rasa	Cr	19
13.	Sūryodaya Rasa	Gt	50
Arśa			
1.	Agnigarbha Rasa	Cr	50
2.	Agnitunḡi Rasa	Gt	53
3.	Arśoghni Vāṭikā	Gt	36
4.	Kaṭutrayādhyā Chūrṇa	Cr	12
5.	Mahodayapratyayasāra Rasa	Cr	19, 36, 50
6.	Mūlakūṭhāra Rasa	Gt	49
7.	Nityodita Rasa	Gt	15, 17, 40, 43, 44, 49,
8.	Nityodita Rasa	Cr	19,28, 41,42, 47, 54
9.	Plihari Rasa	Gt	50
10.	Sarvalokaśramahārī Rasa	Cr	47
11.	Sarvalokaśraya Rasa	Gt	49
12.	Sarvalokaśraya Rasa	Cr	36
13.	Trailokyachintamani Rasa	Cr	37
Aruci			
1.	Rambana Rasa	Gt	43
2.	Sudhānidhi Rasa	Gt	49
3.	Vaishvanaro Rasa	Gt	43
Bhagaṇḡara			
1.	Bhagṇḡaraupadaṇśāri Rasa	Cr	50
2.	Bhagṇḡaraupadaṇśāri Rasa	Gt	19
3.	Vijaya Guṭikā	Gt	19,43
Chardi			
1.	Viṣa kalpa	Cr	36
Pliḡa Roga			
1.	Lohamṛtyuṇjaya Rasa	Gt	47
2.	Pliḡāri Rasa	Gt	19, 49, 54
3.	Pliḡārṇava Rasa	Gt	19, 47, 54

4.	Pliḡodara Chūrṇa	Gt	48
5.	Ślīpadagajakesarī Rasa	Gt	50
6.	Viṣa kalpa	Cr	36
7.	Pliḡarnava Rasa	Gt	50
Uḡāvarta			
1.	Ānandabhairava Rasa	Gt	36
2.	Viṣa kalpa	Cr	36
Vibaṇḡha			
1.	Sukhabhedī Rasa	Gt	50
Viśucikā			
1.	Agnikumāra Rasa	Cr	14, 19
2.	Ajīṇakaṇṡaka Rasa	Gt	54
3.	Hutāśana Rasa	Gt	41
4.	Mṛṡasanjivana Rasa	Gt	50
5.	Nagendra Rasa	Gt	50
6.	Pāsūpata Rasa	Gt	44, 54
7.	Sanjīvanī Vāṭī	Gt	50
8.	Viśucīvidhvaṇsa Rasa	Gt	17, 53, 54
Yakṡapliḡodara			
1.	Mahāśaṅkha Drāvaka Rasa	Gt	17
2.	Pliḡāri Rasa	Gt	17
3.	Pliḡārṇava Rasa	Gt	17

Table 2: Formulations containing vatsanabha indicated in Pranavaha-Rasavaha Srotasa disorders

Sr. no.	Formulations	Dosage Forms	Ref.
Kāsa			
1.	Agni Rasa	Gt	27
2.	Amṡākara Rasa	Gt	49
3.	Amṡamaṇjārī Rasa	Gt	42, 47
4.	Amṡāṅka Rasa	Cr	50
5.	Amṡārṇava Rasa	Cr	43
6.	Amṡārṇava Rasa	Gt	42, 47
7.	Bhairava Rasa	Gt	54
8.	Bhūtāṅkuśa Rasa	Gt	25, 43, 26, 47
9.	Bhūtāṅkuśa Rasa	Cr	36
10.	Bhuteśvara Rasa	Cr	50
11.	Bolabaddha Rasa	Gt	27, 36, 43,47, 49
12.	Bṡhata rasendra Guṭikā	Gt	17, 42, 47
13.	Candrāmṡta Rasa	Gt	26, 27
14.	Daradādi Vāṭī	Gt	50
15.	Gunamahodadhi Rasa	Gt	19, 50
16.	Hīṅgulādi Vāṭī	Gt	28
17.	Hirṇya Garbha Rasa	Cr	50
18.	Jaya Guṭikā	Gt	42, 47
19.	Kālapriya Rasa	Gt	49
20.	Kāleśvara Rasa	Cr	19

21.	Kalpataru Rasa	Gt	47
22.	Kanakasundari Vati	Gt	50
23.	Kaphaketu Rasa	Gt	47
24.	Kaphakuñja Rasa	Gt	47
25.	Kaphāntaka Rasa	Cr	43
26.	Kāsa hara Yoga	Gt	43, 50
27.	Kāsa kartari Rasa	Gt	27, 50
28.	Kāsa kesari Rasa	Gt	26
29.	Kāsakālānala Rasa	Gt	49
30.	Kāsakeśarī Rasa	Cr	19
31.	Kāsakeśarī Rasa	Gt	28
32.	Kāsāmṛtārṇava Rasa	Gt	54
33.	Kāsāṅkuśa Rasa 1	Gt	50
34.	Kāsāṅkuśa Rasa 2	Gt	50
35.	Kāsāntaka Rasa	Gt	17, 19, 42, 47, 49, 50, 54
36.	Kāsasañhāra Bhairava Rasa	Gt	26
37.	Lokanātha Pottālī Rasa	Gt	26
38.	Madanasundara Rasa	Gt	50
39.	Mahākāleśvara Rasa	Gt	17, 19, 49
40.	Mahodadhi Rasa	Gt	17, 42, 47
41.	Maladārana Guṭikā	Gt	50
42.	Nilakāntaka Rasa	Gt	27
43.	Nilakañṭha Rasa	Gt	36, 26, 54
44.	Nirjara Rasa	Gt	49
45.	Pañcāmṛta Rasa	Gt	17, 19, 50
46.	Pā radādi Vaṭī	Gt	28, 47
47.	Pāsupata Rasa	Gt	49
48.	Rasayogāgni Kumāra Rasa	Gt	26
49.	Rasendra Guṭī	Gt	27
50.	Rasendra Guṭikā	Gt	19, 41, 50
51.	Rudra Parpati	Cr	43
52.	Sarvaṅgasundara Rasa	Gt	26, 27, 50
53.	Śilasindūra Rasa	Cr	50
54.	Sūrya Rasa	Cr	36, 50
55.	Sūrya Rasa	Gt	27, 49
56.	Sūryaprabhā Rasa	Gt	19
57.	Sūtādi Guṭikā	Gt	26
58.	Svarṇabhūpati Rasa	Gt	27
59.	Śvāsakāleśvara Rasa	Gt	27
60.	Tāleśvara Rasa	Cr	19
61.	Tāmra Bhairava Rasa	Gt	19, 47
62.	Tāmrarparṭī Rasa	Gt	47
63.	Tridaśeśvara Rasa	Cr	19
64.	Unmata Bhairava Rasa	Gt	19
65.	Vijaya Guṭikā	Gt	42, 47, 57
66.	Vijaya Vaṭī	Gt	17

67.	Vijayabhairava Rasa	Gt	49
68.	Viśveśvara Rasa	Gt	50
Rājyakṣmā			
1.	Amṛta Rasāyana	Gt	50
2.	Candrodaya Rasa	Gt	50
3.	Hemagarbhapottālī Rasa	Gt	26
4.	Hiranyagarbha rasa	Cr	19, 43
5.	Kāleśvara Rasa	Gt	50
6.	Kalpataru Rasa 4	Cr	50
7.	Kāmdhenu Rasa	Gt	50
8.	Kanakagiri Rasa	Gt	50
9.	Kanakapottālī Rasa	Cr	50
10.	Kanakaśekhara Rasa	Gt	49
11.	Kanakasuñdara Rasa	Cr	17, 42
12.	Kanakasuñdara Rasa	Gt	47
13.	Kṣayakesarī Rasa	Cr	19
14.	Kṣayārī Rasa	Cr	42
15.	Lakṣmīvilāsa Rasa	Gt	17, 19
16.	Lakṣmīvilāsa Rasa	Cr	47
17.	Mahābhra Rasa	Gt	49
18.	Mahāmṛtyuñjaya Rasa	Cr	19
19.	Mahāvīra Rasa	Gt	19
20.	Mahāvīra Rasa	Cr	36
21.	Mahāvīrapottālī Rasa	Gt	49
22.	Mṛngāka Rasa	Sr	50
23.	Mṛtyuñjaya Rasa	Cr	19
24.	Nāgavallabha Rasa	Gt	15
25.	Narasimho Rasa	Gt	50
26.	Nilakañṭha Rasa	Cr	43, 47
27.	Nilakañṭha Rasa	Gt	19, 26, 50
28.	Pañcāmṛta Rasa	Cr	36, 43
29.	Pañcāmṛta Rasa	Gt	19, 26, 43, 50,
30.	Pañcasudhā Rasa	Gt	49
31.	Prāṇadā Parpaṭī	Gt	15
32.	Purṇacandra Rasa	Cr	19
33.	Rājyakṣmāhara Rasa	Cr	50
34.	Rājyakṣmakarimatakesarī Rasa	Cr	50
35.	Sarvasuñdara Rasa	Cr	35
36.	Sarvasuñdara Rasa	Gt	50
37.	Sarveśvara Rasa	Gt	50
38.	Śodaśakala Rasa	Gt	50
39.	Sugandha Modaka	Gt	50
40.	Sūvarṇa Bhūpati Rasa	Gt	19, 26
41.	Svarṇapatra Rasa	Cr	19, 35, 50
42.	Tāmra Parpaṭī	Gt	15, 19
43.	Tāmra Parpaṭī	Cr	54
44.	Trailokya Cintāmaṇī Rasa	Gt	15, 26, 47
45.	Unmata Bhairava Rasa	Gt	15
46.	Vasāntakusumākara Rasa	Gt	26
47.	Viśa kalpa	Cr	36
48.	Yakṣmahara Rasa	Gt	50
49.	Yakṣmahara Rasa	Cr	19, 35

Śvāsa			
1.	Amṛtārṇava Rasa	Gt	19, 28, 47
2.	Ānanda Bhairava Rasa	Gt	25, 47
3.	Aśvakañcukī Rasa	Gt	19, 50
4.	Bhairava Rasa	Gt	17, 47
5.	Brhat Śvāsakuṭhāra Rasa	Gt	54
6.	Gaganeśvara Rasa	Gt	18
7.	Ghodācolī Rasa	Gt	28, 47
8.	Guṇamahodadhi Rasa	Cr	39
9.	Jātiliṅgādi Guṭikā	Gt	18
10.	Jayā Gutikā	Gt	47
11.	Jayāvaṭī	Gt	50
12.	Kālāgnirudra Rasa	Gt	47
13.	Kāleśvara Rasa	Gt	47
14.	Kaphakuñja Rasa	Gt	25
15.	Karpūrādhyā Rasa	Cr	19
16.	Lobānasatva Yoga	Cr	19
17.	Mahā Śvāsakuṭhāra Rasa	Gt	49
18.	Nāsāprakāśa Rasa	Gt	50
19.	Nilakaṇṭha Rasa	Gt	49, 50
20.	Parpatī Rasa	Gt	49
21.	Phalatrāya Gutī	Gt	19
22.	Sudhānidhi Rasa	Gt	47
23.	Śvāsa Bhairava Rasa	Gt	17, 49
24.	Śvāsakāleśvara Rasa	Gt	19, 50
25.	Śvāsakāśārī Rasa	Gt	50
26.	Śvāsakuṭhāra Rasa	Cr	17, 28, 43
27.	Śvāsakuṭhāra Rasa	Gt	14, 15, 19, 25, 26, 47, 49, 50, 54
28.	Śvāsakuṭhāra Rasa1	Gt	42
29.	Śvāsakuṭhāra Rasa2	Gt	42
30.	Śvāsakuṭhāra Rasa3	Gt	42
31.	Śvāsāñkuśa Rasa	Gt	50
32.	Śvāsārī Rasa	Gt	19, 47
33.	Tamra Bhairava Rasa	Gt	50
34.	Tāṇḍava Varana Rasa	Gt	50
35.	Tridaśeśvara Rasa	Gt	50
36.	Vijaya Parpatī	Gt	47
37.	Vijaya Vati	Gt	42
Rasāyana			
1.	Ānanda Rasa	Cr	50
2.	Acīntyāśakti Rasa	Cr	47
3.	Amṛtasanjivani	Cr	50
4.	Amṛteśa Rasa	Cr	50
5.	Ānandasūta Rasa	Gt	19
6.	Bhr̥ṅgādi churṇa	Cr	50
7.	EndrīRasāyana	Cr	50
8.	Lavaṅga Pāka	Al	50
9.	Loha Rasāyanama	Cr	50
10.	Nilakaṇṭha Rasa	Gt	17
11.	Rasa Rākṣasa Rasa	Cr	50

12.	Rasasindūrama	Cr	50
13.	Śaṅga Rasayanam	Cr	36
14.	Sārvabhauma Rasa	Gt	50
15.	Sarvasiddhiprada Rasa	Gt	50
16.	Suvarṇa Baddha Rasa	Gt	50
17.	Suvarṇa Parpatī	Cr	50
18.	Vātāma Pāka	Al	50
19.	Vijayā Guṭikā	Gt	11
20.	Vijaya Vaṭī	Gt	50
21.	Viryarodhini Guṭikā	Gt	40
Hikkā			
1.	Hikkānāśana Rasa	Cr	19, 36
2.	Hikkānāśana Rasa	Gt	49
3.	Virendra Rasa	Gt	49
Hṛdaroga			
1.	Hṛdarogaharī Vaṭī	Gt	50
2.	Kubjavinoda Rasa	Gt	54
3.	Triviṣṭapa Rasa	Gt	19
Kāmāgni			
1.	Kamabana Rasa	Cr	50
Vandhyatva			
1.	Madano Rasa	Gt	50
2.	Viṣa kalpa	Gr	36
Vājīkaraṇa			
1.	Amṛta Bhalāhalalataka	Al	43
2.	Kandarpa sundara Rasa	Cr	19
3.	Rājayoga	Gt	11, 19
4.	Vānarī Pāka	Cr	50
Vṛṣya			
1.	Madanakāmadeva Rasa	Cr	39
2.	Staṇbhanī Rasa Vaṭī	Gt	44

Śvāsa (asthma) – These includes 37 references of Vatsanabha usages. Gutika is maximum (33) dosage form in the management of Śvāsa.

Rasāyana (rejuvenation) – These includes 21 references of Vatsanabha usages. Churna is maximum (11) dosage form in the management of Rasāyana.

Other indications

One each in kāmāgni (excessive passion). Two each in vṛṣya (aphrodisiasis) and vandhyatva (infertility). Three each in hikkā (hiccup) and Hṛdroga (heart disease). Four each in vājīkaraṇa (aphrodisiasis). (Table 2)

3. Manovaha srotasa

Formulations containing vatsanabha indicated in the management of Unmāda and other indications related to Manovaha srotasa have been presented in Table 3.

Unmāda (psychosis) - These includes 09 references of Vatsanabha usages. Gutika is maximum (07) dosage form in the management of Unmāda.

Other indications

One each in ardhāvabhedaka (migraine), Bhuta Graha (idiopathic disease), krodha paitya (angerness) and Four each in Apasmāra (epilepsy). (Table 3)

4. Vātavaha srotasa

Formulations containing vatsanabha indicated in the management of Vātavayādhi, Āmavāta and other indications related to Vātavaha srotasa have been presented in Table 4.

Vātavayādhi (neuro-muscular anomalies) - These includes 97 references of Vatsanabha usages. Gutika is maximum (75) dosage form in the management of Vātavayādhi.

Āmavāta (rhumetoid arthritis) - These includes 09 references of Vatsanabha usages. Gutika is maximum (07) dosage form in the management of Amvata.

Other indications: Two each in Urustambha (stiffness in thigh muscles). Six each in Vātarakta (gout). (Table 4)

5. Mūtravaha srotasa

Formulations containing vatsanabha indicated in the management of Prameha and other indications related to Mūtravaha srotasa have been presented in Table 5.

Prameha (diabetes) - These includes 23 references of Vatsanabha usages. Gutika is maximum (20) dosage form in the management of Prameha.

Table 3: Formulations containing vatsanabha indicated in Manovaha srotasa disorders

Sr. no.	Formulations	Dosage forms	Ref.
Unmāda			
1.	Brahma Vaṭī	Gt	47
2.	Cṇḍabhairava Rasa	Gt	36
3.	Hemaśulva Piṣṭikā	Gt	30
4.	Kanakādi Rasa	Gt	49
5.	Rasa Piṣṭikā	Gt	50
6.	Unmāda Gajāṅkuśa Rasa	Cr	17, 41, 43, 47, 50, 54,
7.	Unmāda kuṭhāra Rasa	Gt	19, 43, 50
8.	Unmādahara Yoga	Gt	19, 59
9.	Vijaya Parpaṭī Rasa	Cr	27
Ardhāvabhedaka			
1.	Sūryavāta Rasa	Cr	50
Apasmāra			
1.	Indra Brahma Vaṭī	Gt	17, 19, 42, 49
2.	Sarva Apasmāra Rasa	Gt	30
3.	Sarvāpsmārahara Rasa	Gt	50
4.	Vijayā Guṭikā	Gt	27
Bhūtagraha			
1.	Caṇḍa Bhairava Rasa	Cr	19, 50
KrodhaPaitya			
1.	Nārāca Rasa	Gt	26, 50

Other indications

One each in Brdhna roga (rectum disease) and Vṛdhhi. Two each in Mūtrakṛccha (dysuria) and four each in Aśmarī (calculus). (Table 5)

6. Samanya Sansthanika vyadhi:

Formulations containing vatsanabha indicated in the management of Jvara, Kuṣṭha, Sarva roga, Pāṇḍu, kapha roga, Viṣa, Śoṭha, Sūtikā Roga and other indications related to Samanya Sansthanika vyadhi have been presented in Table 6.

Jvara (fever) - These includes 382 references of Vatsanabha usages. Maximum dosage form is Gutika (288) in the management of Jvara.

Table 4: Formulations containing vatsanabha indicated in Vātavaha srotasa disorders

Sr. no.	Formulations	Dosage forms	Ref.
Vātyādhi			
1.	Ābhādi Cūrṇa	Cr	9
2.	Agnikumāra Rasa	Gt	26
3.	Amarasundarī Gutikā	Gt	25, 47
4.	Āmavātāri Rasa	Gt	19
5.	Āmavātavidhvaṅsana Rasa	Cr	50
6.	Āmavātavidhvaṅsana Rasa	Gt	15, 19
7.	Amṛtarnava Rasa 6	Cr	50
8.	Amṛtarnava Rasa 7	Cr	50
9.	Ānanda Rasa	Gt	50
10.	Ānandodaya Rasa	Cr	50
11.	Aśvakaṅcukī Rasa3	Gt	50
12.	Bhuktapaṅka vati	Gt	50
13.	Bṛhadvijayā Vaṭī	Gt	28
14.	Bṛhat Cintāmaṇī Rasa	Gt	19, 47
15.	Bṛhat Vātagajāṅkuśa Rasa	Gt	42, 47
16.	Cintāmaṇī Rasa	Gt	50
17.	Ekāṅgvātāghna Rasa	Cr	50
18.	Gagangarbhitā Vati	Gt	43
19.	Gandhāśmagarbha Rasa	Cr	36
20.	Hiṅguleśvara Rasa	Cr	50
21.	Jyotiṣmaṭī Gutikā	Gt	19
22.	Kālāgni Rudra Rasa	Gt	26, 27
23.	Kālakaṇṭaka Rasa	Gt	26, 27, 43, 50
24.	Kālāri Rasa	Gt	19, 25
25.	Kalpataru Rasa 1	Cr	50
26.	Kapha vātāri Rasa	Gt	27
27.	Karpūrasundrī Vatikā	Gt	19
28.	Kubjavinoda Rasa	Gt	17, 19, 42
29.	Laghu Vātavidhvaṅsa Rasa	Gt	26
30.	Laghu Viṣagarbha Taila	Tl	15
31.	Laghvānana Rasa	Gt	17
32.	Laghvānanda Rasa	Gt	42, 47
33.	Lakṣmīvilāsa Rasa	Gt	26, 27
34.	Mahā Viṣagarbha Taila	Tl	15
35.	Mahāvātāgajāṅkuśa Rasa	Gt	19, 47, 54
36.	Mṛṅgāka Rasa	Cr	50
37.	Mṛtasañjivana Rasa	Gt	26, 47
38.	Nāgārjuna Vati	Gt	50

39.	Nāgavallabha Rasa	Gt	60
40.	Piyusādi Vati	Gt	50
41.	Prāṇavallabha Rasa	Gt	26, 27, 50
42.	Pratāpa agnikumāra Rasa	Gt	15, 19
43.	Raktavātāntaka Rasa	Gt	50
44.	Rasādi Gutikā	Gt	19
45.	Rasarāja Rasa	Cr	50
46.	Ratnagarbha Poṭṭlī Rasa	Gt	27
47.	Rogebhasiṅha Rasa	Gt	50
48.	Samīrapannaga Rasa	Cr	19, 28
49.	Samīrapannaga Rasa	Gt	15, 26, 47, 50, 54
50.	Sarvāṅgasundara Rasa	Gt	17, 42
51.	Sarvavātāri Rasa	Gt	36, 47
52.	Sinhanāda Rasa	Gt	27, 50
53.	Śītāri Rasa	Gt	42
54.	Śītāri Rasa	Cr	17, 36
55.	Sparśavātāntakṛnta Vaṭī	Gt	36
56.	Sparśavātāri Rasa	Gt	50
57.	Śrīṅyādi Catuṣṣaṣṭika kaṣāya	Kw	11
58.	Sukhabhairava Rasa	Gt	19
59.	Sūryaprabhā Gutikā	Gt	26
60.	Svacchanda Bhairava Rasa	Gt	15, 26, 43, 36, 41, 47, 57
61.	Svacchanda Nāyaka Rasa	Gt	19, 26, 27, 43, 50
62.	Triguṇākhyā Rasa	Gt	26, 27
63.	Triphalādi Cūrṇa	Cr	26
64.	Triphalādi Cūrṇa	Gt	59
65.	Trivikrama Rasa	Gt	27
66.	Udayabhāskara Rasa9	Cr	50
67.	Unmatahairava Rasa	Cr	50
68.	Vahnikumāra Rasa	Gt	26, 47
69.	Vāta Sārdūla Rasa	Gt	26
70.	Vāta Vajra Rasa	Gt	26
71.	Vāta Vidrāvāṇa Rasa	Gt	27
72.	Vātagajāṅkuśa Rasa	Gt	17, 19, 40, 42, 43, 47, 50, 54
73.	Vātagajasiṅha Rasa	Gt	47
74.	Vātagajendrasiṅha Rasa	Gt	19, 50, 54
75.	Vātakāṇṭaka Rasa	Gt	17, 19, 41, 42
76.	Vātakesari Rasa	Gt	26, 27
77.	Vātamudgara Rasa	Gt	26, 27
78.	Vātāntaka Rasa	Gt	27
79.	Vātapitāri Rasa	Gt	19, 50
80.	Vātarāja Vaṭī	Gt	19, 47
81.	Vātarākṣasa Rasa	Gt	19
82.	Vātāri Rasa	Gt	19, 26

83.	Vātāri Rasa	Cr	39, 50
84.	Vātasāṁmohana Rasa	Gt	26, 27
85.	Vātaśārdūla Rasa	Gt	27
86.	Vātavidhvaṅsa Rasa	Gt	26
87.	Vātavidhvaṅsaka Rasa	Gt	27
88.	Vātavidhvaṅsana Rasa	Gt	15, 19, 50
89.	Vātavisphotahara Rasa	Gt	50
90.	Vātonmūlana Rasa	Gt	26, 27, 50
91.	Vāyu Guṭikā	Gt	18
92.	Vijaya Bhairava Rasa	Gt	26, 27
93.	Viṣa kalpa	Cr	36
94.	Viṣṇuparākrama Rasa	Gt	26, 27
95.	Viśvamabhara Rasa	Cr	56
96.	Viśveśvarī Vaṭī	Gt	50
97.	Vyādhigajakesarī Rasa	Gt	19, 26, 50
Āmavāta			
1.	Āmavātāri Rasa	Cr	41, 43
2.	Amṛtamañjarī Rasa	Gt	17
3.	Dhūmasārādi ṣaḍṅga prayoga	Cr	36
4.	Hīṅguleśvara Rasa	Gt	53
5.	Pañcānana Vaṭī	Gt	19
6.	Pavanānāśana Rasa	Gt	43
7.	Sarvāṅgasundara Rasa	Gt	42
8.	Vātagajendrasinhā Rasa	Gt	17
9.	Vātavidhvaṅsana Rasa	Gt	41
Urustambha			
1.	Guñjāgarbha Rasa	Gt	15
2.	Guñjāgarbha Rasāyana	Gt	19, 26
Vātarakta			
1.	Brhata Maricādhya Rasa	Tl	15
2.	Laghu Maricādhya Taila	Tl	15
3.	Sarveśvara Rasa	Cr	43
4.	Tālabhasma	Cr	17, 19, 42
5.	Viṣa Guṭikā	Gt	19
6.	Viśveśvara Rasa	Cr	17, 19, 42

Table 5: Formulations containing vatsanabha indicated in Mūtravaha srotasa disorders

Sr. no.	Formulations	Dosage forms	Ref.
Prameha			
1.	Ānanda Rasa	Gt	50
2.	Ānandabhairavī Vaṭī	Gt	15
3.	Baṅgeśvara Rasa	Gt	50
4.	Jayā Vaṭī	Gt	53
5.	Kāmada Rasa	Gt	50, 57
6.	Karpūrādi Guṭikā	Gt	11
7.	Karpurādyā Rasa	Gt	47
8.	Mehabhairava Rasa	Gt	19, 47
9.	Nāgavallabha Rasa	Gt	19, 50
10.	Nāgendra Rasa	Gt	19
11.	Nāgendra rasa	Gt	43
12.	Pañcānana Vaṭī	Gt	28
13.	Pramadebhankuśa Rasa	Cr	50
14.	Pramdānanda Rasa	Cr	19
15.	Prameha Bhairava Rasa	Gt	50
16.	Prameha kesari Rasa	Gt	50
17.	Pramehāṅkuśa Rasa	Gt	19, 35
18.	Pramehāntaka Rasa	Cr	50
19.	Rasādi vatika	Gt	43
20.	Rujādalana Vaṭī	Gt	19, 41
21.	Vasantamālatī Rasa	Gt	50
22.	Vidhyāvāgīśvarī Vaṭī	Gt	50
23.	Vidyāvāgīśvara Rasa	Gt	27
Aśmarī			
1.	Ashmarihara Rasa	Cr	50
2.	Rujādalana Vaṭī	Gt	47
3.	Viṣa kalpa	Cr	36
4.	Viṣādi Vaṭī	Gt	27
Brdhna roga			
1.	Vṛddhihara Rasa	Gt	50
Mūtrakṛccha			
1.	Mahodadhi rasa	Gt	43
2.	Viṣa kalpa	Cr	36
Vṛddhi			
1.	Vṛddhihara Rasa	Gt	17, 54

Table 6: Formulations containing vatsanabha indicated in Samanya Sansthanika vyadhi disorders

Sr. no.	Formulations	Dosage Forms	Ref.
Jvara			
1.	Agnacandēśvara Rasa	Cr	50
2.	Adhornṣinḥa Rasa	Gt	17
3.	Adhoshāstra Rasa	Cr	50
4.	Agnikumāra Rasa	Cr	14,17, 19, 27, 28, 39, 43, 47, 50
5.	Alpajvarāṅkuśa Rasa	Gt	19
6.	Amoghastra Rasa 1	Cr	50
7.	Amoghastra Rasa 2	Cr	50
8.	Amṛta Sañjīvanī Rasa	Gt	27
9.	Amṛtakālānidhi Rasa	Gt	15, 19
10.	Amṛtamañjari Rasa	Gt	17, 19, 42, 49, 50, 54,
11.	Ānanda Bhairava Rasa	Gt	19, 27,42,48,50
12.	Ānanda Bhairavi Vatika	Gt	17, 18, 42, 50,
13.	Ānanda Rasa	Gt	18
14.	Ānandabhairava Vaṭī	Gt	48
15.	Ānandasāgara Rasa	Gt	49
16.	Apuṭāgni Rasa	Gt	27
17.	Ardhanārīśvara Rasa	Cr	37
18.	Arkamūrti Rasa	Gt	17
19.	Ārogya Rasa	Gt	49
20.	Ārogyarāgī Rasa	Cr	28
21.	Aṣṭamurti Rasa	Cr	50
22.	Aśvakañcukī Rasa	Gt	60
23.	Bālasūryodaya Rasa	Gt	50
24.	Bhadrakālī Rasa	Gt	26
25.	Bhairava Rasa	Cr	39, 43, 47, 48, 50
26.	Bhairava Siddhi Rasa	Gt	19
27.	Bhairavī Gutikā	Gt	47
28.	Bhairavi vati	Gt	50
29.	Bhāratī Rasa	Gt	26, 50
30.	Bhasmeśvara Rasa	Cr	14, 19, 39, 40, 43, 47
31.	Bhaśmeśvara Yoga	Gt	42
32.	Bhedi Jvarāṅkuśa Rasa	Gt	27
33.	Bhiṣabhā Rasa	Gt	19
34.	Bhrmāstra Rasa	Cr	43
35.	Bhrmhaprabhā Vaṭikā	Gt	43
36.	Bhūdevarajjana Rasa	Gt	49
37.	Bhuta Bhairava Rasa	Gt	43, 50
38.	Bhutāṅkuśa Rasa	Gt	50
39.	Bhūteśvara Rasa	Gt	26, 50
40.	Brahma Vati	Gt	19, 47,50

41.	Brahmānana Rasa	Gt	44
42.	Brhat Cintāmaṇī Rasa	Gt	42, 54
43.	Brhat Hīṅguśvara Rasa	Gt	17
44.	Brhat jvarāṅkuśa Rasa	Cr	49
45.	Brhat Sannipātabhairava Rasa	Gt	54
46.	Brhata Vadavanala Rasa	Gt	42
47.	Brhatsaubhāgya Vaṭī	Gt	47
48.	Caitanya Bhairava Rasa	Gt	43, 50,57
49.	Cakra Rasa	Gt	19
50.	Cakrī Rasa	Gt	17
51.	Cakrikā Rasa	Gt	17, 19, 47, 50
52.	Caṇḍabhāskara Rasa	Gt	18
53.	Caṇḍeśvara Rasa	Gt	17, 19,27, 47,49, 50, 53, 54
54.	Candrahāsā Rasa	Gt	50
55.	Cātūrthikebhaṅkuśa Rasa	Gt	37
56.	Cintāmaṇī Rasa	Cr	37, 42, 43, 47
57.	Cintāmaṇī Rasa	Gt	17, 19, 25, 27, 39, 42, 43, 44, 49, 50, 54
58.	Cintāmaṇī Bhairava Rasa	Gt	43
59.	Cuḍāmaṇī Rasa	Gt	43
60.	Dhañvaṅtarī Rasa	Gt	26, 50
61.	Dhārādhyastrayastrīṅśa Kvāṭha	Kw	11
62.	Dhātujvarāṅkuśa Rasa	Gt	19, 50
63.	Dhātupāka Rasa	Cr	28
64.	Dhātupañcamṛta Rasa	Gt	50
65.	Dinārdha Rasa	Gt	50
66.	Divyāgnikumāra Rasa	Gt	27
67.	Durjalaja Rasa	Gt	28
68.	Durjalajetṛ Rasa	Gt	14
69.	Ekasuteśvara Rasa	Cr	50
70.	Gadamurāri Rasa	Cr,Gt	19,43, 42, 50
71.	Gaganādyo Rasa	Gt	19
72.	Ganeśvarī Rasa	Gt	50
73.	Garuḍa Rasa	Cr	19
74.	Garuḍaagada Rasa	Cr	43, 50
75.	Garuḍadhvaṇa Rasa	Cr	26, 50
76.	Ghoḍācolī Rasa	Gt	25
77.	Ghoranṣinḥa Rasa	Gt	49
78.	Giriśakaruṇā Rasa	Gt	49
79.	Hīṅguśvara Rasa	Gt	17, 39,40,

			42, 43,47, 59
80.	Hutāśana Rasa	Gt	26, 47
81.	Ichābhedi Rasa	Gt	54
82.	Javalanāla Bhairava Rasa	Gt	43
83.	Jayā Vaṭī	Gt	17, 42, 50, 59
84.	Jayamaṅgala Rasa	Gt/cr	19, 30, 47, 50
85.	Jayantī Vaṭī	Gt	17, 19, 50,
86.	Jayavikrama Rasa	Gt	26, 50
87.	Jirṇa Jvarahara Rasa	Gt	47, 50
88.	Jirṇa jvarāṅkuśa Rasa	Gt	15, 19, 48, 50
89.	Jirṇa jvarāri Rasa	Gt /Cr	19,36, 43,47
90.	Jvara Gaṇa Vidhvāṇana Rasa	Gt	50
91.	Jvara Bhairava Rasa	Gt/Cr	17, 19,47, 49, 50
92.	Jvara bhedi Rasa	Gt	50
93.	Jvara cintāmaṇī Rasa	Gt	54
94.	Jvara hara Rasa	Gt	19,43, 50
95.	Jvara kālaketu Rasa	Gt	17, 19, 47, 49, 50
96.	Jvara Keśari Rasa	Gt	17, 19, 47, 49, 50, 54
97.	Jvara keśarikā Rasa	Gt	42
98.	Jvara Mātāṅga Keśarī Rasa	Gt	17
99.	Jvara mātāṅgakesarī Rasa	Gt	49, 50
100.	Jvara Mrtyuñjaya Rasa	Gt	49
101.	Jvara Pañcānana Rasa	Cr,Gt	19, 43,50
102.	Jvara Ripu Rasa	Gt	50
103.	Jvaraghnī Guṭīkā	Gt	19, 25
104.	Jvaraharī Vaṭī	Gt	17
105.	Jvarahāṇya Rasa	Cr	37
106.	Jvarakṛntana Rasa	Gt,Cr	19, 35
107.	Jvaramurāri Rasa	Gt	15, 17, 19,42, 47, 49, 50, 54
108.	Jvaranisūdana Rasa	Gt	49
109.	Jvarāṅkuśa Rasa	Gt	17, 18, 19,25, 27, 35, 39, 43, 50
110.	Jvarāṅkuśa Rasa	Cr	27, 42, 47
111.	Jvarāntaka Rasa	Gt	49
112.	Jvarapañcānana Rasa	Gt	54
113.	Jvarāprothita Rasa	Cr	37
114.	Jvarāri Abharaka	Gt	42
115.	Jvarāri Abhra	Gt	17, 19, 50
116.	Jvarāri Rasa	Gt	19, 37, 42, 50, 53, 54

117.	Jvarāri Rasaraja	Gt	50
118.	Jvarārya Agada	Cr	19, 43, 50
119.	Jvarāśani Rasa	Gt	17, 19, 49, 50, 54,
120.	Jvarasūdana Rasa	Gt	49
121.	Jvarebhaṅkuśa Rasa	Gt/cr	19, 43, 50,
122.	Jyanti Vati	Gt	42
123.	Kālāgni Bhairava Rasa	Gt	17,47, 49,
124.	Kālāgni Rudra Rasa	Gt/cr	27, 43,50
125.	Kālakadhara Rasa	Gt	26, 50
126.	Kalakuta Rasa	Gt	27, 50
127.	Kālānala Rasa	Cr	37,47, 50
128.	Kālārī Rasa	Gt	60, 50
129.	Kalpadruma Rasa	Gt	49
130.	Kalpataru Rasa	Cr	19, 27, 47,50
131.	Kalpataru Rasa	Gt	17
132.	Kalyāṇa Rasa	Gt	26
133.	Kalyanbhairava Rasa	Gt	50
134.	Kanakasundara Rasa	Gt	23, 40,50,54
135.	Kaphāśani Rasa	Gt	49
136.	Karavāla Bhairava Rasa	Gt	26, 50
137.	Karpurādhyo Rasa	Cr	50
138.	Karpuratilaka Rasa	Cr	50
139.	Karuṇāsāgara Rasa	Cr	50
140.	Kastūrī Bhairava Rasa	Cr	17,19, 42, 50
141.	Kastūrīvijaya Rasa	Gt	49
142.	Kṣayakesarī Rasa	Gt	50
143.	Kṣayāri Rasa	Gt	50
144.	Kuṣṭhadi Vati	Gt	37
145.	Laghu Prāṇeśvara Rasa	Gt	43
146.	Laghu saubhāgya Vaṭī	Gt	47
147.	Laghu sutikā Bharāṇa Rasa	Cr	57
148.	Laharītaraṅga Rasa	Cr	50
149.	Lakṣmīnārāyaṇa Rasa	Gt	19, 50
150.	Līlāvatī Vaṭī	Gt	28
151.	Lokeśvara Rasa	Gt	26, 50
152.	Mahā Bhirava Rasa	Cr	43
153.	Mahā Jvarāṅkuśa Rasa	Gt	13,15, 17, 18, 26,39, 40, 42, 43, 44, 49, 48, 54, 59
154.	Mahā jvarāṅkuśa Rasa	Cr	14, 19, 28, 36, 37,47
155.	Mahā kālānala Rasa	Cr	56
156.	Mahā kāleśvara Rasa	Gt	43
157.	Mahā Mrtyuñjaya Rasa	Gt	17, 49
158.	Mahad agnikumāra Rasa	Cr	27

159.	Mahājirṇa Jvarāṅkuśa Rasa	Cr	43
160.	Mahārāsa śārdūla	Cr	54
161.	Mahendra Rasa	Gt	50
162.	Manthan Bhairava Rasa	Gt	50
163.	Mārtaṇḍa Bhairava Rasa	Cr	39
164.	Mārtaṇḍa Rasa	Gt	50
165.	Meghanāda Rasa	Gt	50
166.	Mṛdodaghātaka Rasa	Gt	17
167.	Mṛtaprāṇadāyī Rasa	Cr	19
168.	Mṛtasañjivana Rasa	Cr	17, 36, 40, 42,
169.	Mṛtasañjivana Rasa	Gt	17, 26, 50
170.	Mṛtasañjivani Vāṭikā	Gt	14
171.	Mṛtotthāpana Rasa	Cr	19, 47
172.	Mṛtotthāpana Rasa	Gt	17, 49
173.	Mṛtyunisūdana Rasa	Gt	49
174.	Mṛtyuñjaya Bhairava Rasa	Gt	43
175.	Mṛtyuñjaya Rasa	Cr	19, 36, 37, 47, 49
176.	Mṛtyuñjaya Rasa	Gt	15, 17, 25, 27, 42, 48, 50, 53, 59
177.	Mudrāghoṭaka Rasa	Gt	19
178.	Mudrotghātaka Rasa	Cr	47
179.	Muktagarbha poṭṭālī Rasa	Gt	50
180.	Naga Rasa	Gt	19, 50
181.	Nāgādi Rasa	Gt	49
182.	Nagendra Vati	Gt	50
183.	Nandikeśvara Rasa	Cr	49
184.	Narāca Rasa	Cr	43
185.	Nārāyaṇa jvarāṅkuśa Rasa	Gt	15, 19
186.	Nārāyaṇastra Rasa	Cr	50
187.	Navajvara Bhairavi Vāṭī	Gt	50
188.	Navajvara murāri Rasa	Cr	37
189.	Navajvarahara Rasa	Gt	49
190.	Navajvarahari Vāṭī	Gt	17, 19, 47, 50
191.	Navajvarāri Rasa	Gt	17, 49
192.	Navajvarebhasiṇha Rasa	Gt	17, 19, 27, 39, 49, 50
193.	Navanātha Rasa	Gt	50
194.	Navyacandra Rasa	Gt	19, 50
195.	Nīlakaṇṭha Rasa	Gt	18, 49
196.	Nvyacandrāmaṇi Rasa	Cr	37
197.	Pañca Loha Bhupati Rasa	Gt	50
198.	Pañcāmṛta Rasa	Gt	19
199.	Pañcānana Jvarāṅkuśa	Cr	47

	Rasa		
200.	Pañcānana Jvarāṅkuśa Rasa	Gt	50, 40
201.	Pañcānana Rasa	Gt	49, 27, 39, 44, 17
202.	Pañcānana Rasa	Gt	43, 40, 42
203.	Pañcavakra Rasa	Gt	13, 15, 19, 49, 26, 36, 17, 39, 35
204.	Pañcavakra Rasa	Gt	50
205.	Pāñīya Vāṭī	Gt	19
206.	Pāñīyabhakta Vati	Gt	43
207.	Paraśurāma Kuṭhāra Rasa	Gt	26
208.	Parṇakhaṇḍeśvara Rasa	Gt	19, 17
209.	Pārvaṭīśaṅkara Rasa	Gt	49
210.	Pāśupatāstra Rasa	Gt	26
211.	Pitāmaha Rasa	Gt	26
212.	Pīyūṣa Ghana Rasa	Cr	19, 50
213.	Pracaṇḍa Rasa	Gt	47, 17, 50
214.	Pracaṇḍa Rasa	Cr	19, 39
215.	Pracaṇḍeśvara Rasa	Gt	49
216.	Pralayānala Rasa	Gt	50, 26
217.	Prāṇāgnikumāra Rasa	Gt	26
218.	Prāṇeśvara Rasa	Cr	47, 40, 17
219.	Prāṇeśvara Rasa	Gt	19, 50, 43, 27
220.	Pratāp Agnikumāra Rasa	Gt	27
221.	Pratāpa Lañkeśvara Rasa	Cr	47, 40, 19, 50
222.	Pratāpa Lañkeśvara Rasa	Gt	49, 36
223.	Pratāpa Mārtaṇḍa Rasa	Gt	50, 54, 49, 17, 42, 47
224.	Pratāpalañkeśa Rasa	Cr	17
225.	Pratāparāvaṇa Rasa	Gt	49
226.	Puruṣotama Rasa	Gt	49
227.	Rājā candīśvara Rasa	Gt	27
228.	Rājacaṇḍeśvara Rasa	Cr	47
229.	Rājacaṇḍeśvara Rasa	Gt	43
230.	Rājeśvara Vāṭī	Gt	39
231.	Rāmabāṇa Rasa	Gt	50, 40, 26
232.	Rāmabāṇa Rasa	Cr	19
233.	Rāmacaṇḍīśvara Rasa	Gt	18
234.	Rāmajvarāpahārī Rasa	Cr	47, 19, 50
235.	Rasacuḍāmaṇī Rasa	Cr	39, 47
236.	Rasādi Vāṭī	Gt	19
237.	Rasāgnikumāra Rasa	Gt	27
238.	Rasarājendra Rasa	Gt/ Cr	17, 27, 47, 49, 50
239.	Rasarājeśvara Rasa	Gt	42
240.	Rasaśārdūla Rasa	Gt	50
241.	Rasendra Rasa	Cr	26, 50
242.	Raseśvara Rasa	Gt	47

243.	Ravisundara Rasa	Gt/ Cr	14,19, 40, 43, 47, 50
244.	Rogabhañjana Rasa	Gt	26, 50
245.	Rogatrayāri Rasa	Gt	18
246.	Rogavidārana Rasa	Gt	26, 50
247.	Rogavighnagañeśa Rasa	Gt	50
248.	Romavedha Rasa	Gt	50
249.	Ṣadānana Rasa	Gt	17, 19, 49,50
250.	Sadhyo Jvarāri Rasa	Gt	43
251.	Sadyojvarāṅkuśa Rasa	Gt	50
252.	śaityāri Rasa	Gt	43
253.	Sañjivana Rasa	Cr	19, 47
254.	Sañjivanī Vaṭī	Gt	17
255.	Saṅkara Vaṭikā	Gt	43
256.	Sannipāta Bhairava Rasa	Gt / Cr	13, 15, 17, 19, 26,27, 47, 49, 50, 54
257.	Sannipāta gajāṅkuśa Rasa	Gt	19, 49
258.	Sannipāta gajankusha Rasa	Cr	43
259.	Sannipāta Kulāntaka Rasa	Gt	26
260.	Sannipāta kuṭhāra Rasa	Gt/ Cr	19, 36, 49,
261.	Sannipāta Mrtyuñjaya Rasa	Cr	47
262.	Sannipāta Mrtyuñjaya Rasa	Gt	49
263.	Sannipāta sūdana Rasa	Gt	49
264.	Sannipāta Sūrya Rasa	Gt	39,43, 49, 50
265.	Sannipāta vadavānala Rasa	Gt	19, 50
266.	Sannipāta vidhvaṅsaka Rasa	Cr , Gt	19, 47, 50
267.	Sannipātaka Rasa	Gt	43
268.	Sannipātanāśaka Rasa	Gt	50
269.	Sannipātāṅkuśa Rasa	Gt	50
270.	Sannipātasūrya Rasa	Gt	17, 19
271.	Śārabhendra Rasa	Gt	50
272.	Śārabheśvara Rasa	Cr	26, 50
273.	Sarvajvarahara Rasa	Gt	19, 43, 50,
274.	Sarvajvarāri Rasa	Gt	44
275.	Sarvajvarasūdana Rasa	Gt	50
276.	Sarvaṅgasundara Cintāmaṇī Rasa	Gt/ Cr	19, 36,49
277.	Sarvaṅgasundara Rasa	Gt	17, 19
278.	Sarvarogakulānta Rasa	Gt	18
279.	Sarvasundara Rasa	Gt	43, 50
280.	Sarvatobhadra Rasa	Gt	50
281.	Saubhāgya Vati	Gt	17, 19, 42, 50,

282.	Saubhāgyādi Rasa	Gt	49
283.	Savalpa Vadavānala Rasa	Cr	42
284.	Shitabhañji Rasa	Cr	43
285.	Siddha Agnikumāra Rasa	Gt	27
286.	Siddha Vaṭī	Gt	50
287.	Śīlasindūra Rasa	Cr	50
288.	Śiṅha pratipālana Rasa	Gt	27
289.	Sinhanada Rasa	Cr	43, 49
290.	Siṅhapratipālana Rasa	Gt	50
291.	Śirortihara Rasa	Cr	19
292.	Śītabhañjī Rasa	Gt	50
293.	Śītagajāṅkuśa Rasa	Gt	26
294.	Śītakeśarī Rasa	Gt/Cr	14, 19, 47, 50
295.	Śītamātaṅgakesarī Rasa	Gt	50
296.	Śītamātaṅgasinḥa Rasa	Gt	18
297.	Śītāṅkuśa Rasa	Gt	15, 19, 50
298.	Śītāri Rasa	Gt	19, 50
299.	Śītāri Rasa	Cr	37
300.	Śītārināma Rasa	Gt	23
301.	Śītāryuddūlanam Rasa	Cr	50
302.	Śītasvedahara Cūrṇa	Cr	9
303.	Śivaprasādana Rasa	Gt	49
304.	Śivatāṇḍava Rasa	Gt	53
305.	Sucikā Bharaṇa Rasa	Cr	13, 49,50, 53,
306.	Sucīmukha Rasa	Gt	54
307.	Sudarśana Rasa	Gt	50
308.	Sudhāṅśu śekhara Rasa	Gt	49
309.	Sudivyaṅnikumāra Rasa	Gt	26
310.	Sukhātirekī Rasa	Gt	50
311.	Sūrya Rasa	Cr	35, 42, 50
312.	Sūryaśekhara Rasa	Cr	39, 50
313.	Sūryaśekhara Rasa	Gt	19, 43
314.	Sūtendra Rasa	Gt	49
315.	Sūteśa Rasa	Cr	37
316.	Suvarṇa Bhūpati Rasa	Cr	50
317.	Svacchanda Bhairava Rasa	Cr	42, 47
318.	Svacchanda Bhairava Rasa	Gt	17,19, 26, 27,28, 39, 43, 49
319.	Svacchanda Golaka Rasa	Gt/Cr	37, 50
320.	Svalpa Kastūrī Bhairava Rasa	Cr /Gt	47, 54
321.	Tālakeśvara Rasa	Gt	50
322.	Tāmra Bhairava Rasa	Gt	43
323.	Tāmra Parpaṭī	Gt	19
324.	Tāmra Yoga	Gt	50

325.	Tāpajvarahara Vaṭī	Gt	18
326.	Taruṇa Jvarāri Rasa	Gt	17, 19, 27, 42, 54
327.	Taruṇārka Rasa	Gt	27, 50
328.	Trailokya Cintāmaṇī Rasa	Gt	17, 49, 50
329.	Trailokya kāla Rasa	Gt	43
330.	Trailokyaḍambara Rasa	Cr	39, 47
331.	Trailokyakirti Rasa	Gt	50
332.	Tribhuvanakirti Rasa	Cr/ Gt	15, 17, 19, 50, 60
333.	Tridoṣa Dāvānala Kālamegha Rasa	Cr	17, 47, 49
334.	Tridoṣa Dāvānala Rasa	Gt	50
335.	Tridoṣa Mūlānala Rasa	Gt	50
336.	Tridoṣa Nihāra Vināśa Sūrya Rasa	Cr	39, 50
337.	Tridoṣa Vāḍavānala Rasa	Gt	49
338.	Tridoṣahāri Rasa	Cr	43, 50
339.	Tridoṣanīhāra sūrya Rasa	Gt	49
340.	Trilocana Rasa	Gt	27
341.	Trinetra Rasa	Cr	19, 39, 43, 50
342.	Tripubhairava Rasa	Cr	14, 19, 43
343.	Tripubhairava Rasa	Gt	17, 25, 39, 49, 50
344.	Tripura Bhairava Rasa	Gt	27, 47
345.	Tripurari Rasa	Gt	17, 19, 47, 49, 50
346.	Trivikrama Rasa	Gt	26, 50
347.	Udayabhāskara Rasa	Cr	39
348.	Udayabhāskara Rasa6/7	Cr	50
349.	Udayamārtanḍa Rasa 1	Cr	50
350.	Umāprasādana Rasa	Cr	19, 36, 50
351.	Uttama Agnikumāra Rasa	Gt	26
352.	Vāḍava Rasa	Cr	17, 39
353.	Vadavānala Rasa	Gt	17, 19, 42, 43, 49, 50
354.	Vaidhyānātha Vaṭī	Gt	50
355.	Vaiṣṇavī Rasa	Gt	26, 27
356.	Vārisāgara Rasa	Cr	50
357.	Vāriśoṣaṇa Rasa	Cr	39
358.	Vatikā	Gt	47
359.	Vaṭukabhairava Rasa	Cr	49
360.	Vetala Rasa	Cr	19, 42, 47
361.	Vetāla Rasa	Gt	17, 27, 49, 50
362.	Vidhyādhara Rasa	Gt	19, 50
363.	Vidhyadhari Guṭikā	Gt	37
364.	Vighna Ganesha Rasa	Cr	43
365.	Vijaya bhairava Rasa	Gt	40, 50

366.	Vijayapratāpa Rasa	Gt	50
367.	Vikarala Vaktra Bhairava Rasa	Gt	43, 50
368.	Vikrama Keśarī Rasa	Cr	47
369.	Vikrama Keśarī Rasa	Gt	17, 19, 50
370.	Vinoda Vidhyādhara Rasa	Gt	19, 43, 44
371.	Vīrabhadra Rasa	Gt	48, 50
372.	Vīrabhadreśvara Rasa	Gt	50
373.	Vīravikrama Rasa	Gt	50
374.	Viṣa kalpa	Cr	36
375.	Viṣasūcikā Rasa	Gt	50
376.	Viṣṇuparākrama Rasa	Gt	50
377.	Viśūcimardana Rasa	Gt	50
378.	Viśvanātha Rasa	Gt	54
379.	Viśvanbhara Rasa	Gt	26, 50
380.	Viśvavandā Rasa	Gt	49
381.	Viśveśvara Rasa	Gt	43, 50
382.	Yoganātha Rasa	Gt	26
Kuṣṭha			
1.	Amṛtādi Rasa	Gt	30
2.	Asparśa gajasiṅha Rasa	Gt	43
3.	Bhūtabhairava Rasa	Cr	39
4.	Bhūtabhairava Rasa	Gt	41
5.	Carmabhedi Rasa	Gt	50
6.	Carmabhedi Rasa	Cr	43
7.	Carmāntaka Rasa	Cr	19
8.	Cintāmaṇī Bhairava Rasa	Gt	50
9.	Gaganādi Rasa	Gt	50
10.	Gaganādyā Rasa	Gt	30
11.	Jayā Guṭī	Gt	19, 36
12.	Jayantī Vaṭī	Gt	19
13.	Kākanghna Vaṭī	Gt	19, 50
14.	Kāla Rasa 4	Gt	50
15.	Kāmadhenu Rasa	Gt	26
16.	Kanaka Saṅkoca Rasa	Gt	27, 30, 43, 50
17.	Kanaka Sundara Rasa	Cr	13, 43
18.	Kanakasundara Rasa	Gt	36
19.	Kanakasundara Rasa1	Cr	50
20.	Kanakasundara Rasa4	Cr	50
21.	Kaphakuṣṭhahara Rasa	Cr	19
22.	Kṛṣṇamāṇika Rasa	Gt	47
23.	Kuṣṭha Kuṭhārahara Rasa	Gt	36
24.	Kuṣṭha Nikṛntana Rasa	Gt	26, 27, 43, 47
25.	Kuṣṭha Nikṛntana Rasa	Cr	19, 50
26.	Kuṣṭhaghna Rasa 2	Cr	50
27.	Kuṣṭhahara Rasa	Cr	50
28.	Kuṣṭhahara Rasa	Gt	36
29.	Kuṣṭhakūṭhāra Rasa	Cr	19
30.	Kuṣṭhānta Parpaṭī Rasa	Cr	36

31.	Kuṣṭhāntaka Parpatī Rasa	Cr	19
32.	Kuṣṭhāntaka Rasa	Gt	27
33.	Kuṣṭhāri Rasa	Cr	50
34.	Kuṣṭharudreśvara Rasa	Cr	19, 39
35.	Laṅkādhipeśvara Rasa	Gt	43
36.	Laṅkeśvara Rasa	Gt	26
37.	Laṅkeśvaro Rasa	Gt	50
38.	Mahābhallātaka Guda	Al	9, 17
39.	Mahātāleśvara Rasa	Gt	17
40.	Mahātāleśvara Rasa	Cr	41
41.	Medinīsāra Rasa	Gt	19, 25, 50
42.	Parahita Rasa	Gt	19, 36, 50
43.	Parpatī Rasa	Cr	43
44.	Parpatī Rasa	Gt	30
45.	Piṅgaleśvara Rasa	Cr	19, 43, 50
46.	Piṅgaleśvara Rasa	Gt	47, 54
47.	Rasa Candrodaya	Gt	50
48.	Rasarāja Rasa	Cr	50
49.	Ṣaḍānana Guṭikā	Gt	19, 41, 42
50.	Śailendra Rasa	Gt	26, 27, 50
51.	Saṅkoca Piṣṭikā	Gt	30
52.	Saṅkoca Rasa	Cr	19, 41, 42, 47
53.	Saṅkocagolaka Rasa	Cr	19, 43
54.	Saṅkocagolaka Rasa	Gt	50
55.	Saṅkocapiṣṭikā Rasa	Gt	50
56.	Sannipāta Kuṣṭha Rasa	Cr	36
57.	Saptakuṣṭhāri Rasa	Gt	54
58.	Sarveśvara Rasa	Cr	35, 36, 40, 43
59.	Siddha Pañcānana Rasa	Gt	35
60.	Śrīviśveśvara Rasa	Gt	54
61.	Suptakuṣṭhāri Rasa	Gt	36
62.	Śvitranāśana Yoga	Cr	39
63.	Tālakeśvara Rasa	Gt	14, 50
64.	Tāleśvara Rasa	Cr	40
65.	Tāmra Parpati	Cr	50
66.	Tāṇḍava Rasa	Cr	43
67.	Tāṇḍava Rasa	Gt	19
68.	Tripurāntaka Rasa	Gt	36
69.	Udayabhāskara Rasa	Gt	40, 42, 47
70.	Udayabhāskara Rasa	Cr	41, 43, 50
71.	Vajrapāṇi Rasa	Gt	26, 27
72.	Vātagajasinha Rasa	Gt	54
73.	Vijaya Rasa	Gt	19, 36
74.	Viracaṇḍa Rasa	Cr	43
75.	Viracaṇḍeśvara Rasa	Gt	19, 54
76.	Viṣa Guṭikā	Gt	11
77.	Viśveśvara Rasa	Cr	43
78.	Viśveśvara Rasa	Gt	39
79.	Yogāmṛta Rasa	Gt	19, 43
Sarvaroga			
1.	Agnikumara Rasa 35	Gt	50

2.	Agnikumara Rasa 38	Gt	50
3.	Agnikumara Rasa 43	Gt	50
4.	Amṛta Rasāyanam	Gt	53
5.	Aśvinikumāra Rasa	Gt	19
6.	Hayacolī Rasa	Gt	35
7.	Jaya Guṭikā	Gt	57
8.	Kālavidhvaṇasana Rasa 3	Gt	50
9.	Kankavajra Rasa	Cr	50
10.	Kāntābhṛakam Rasa	Cr	19
11.	Lakṣmīvilāsa Rasa	Gt	50
12.	Maharṇava Rasa	Gt	50
13.	Meghanāda Rasa	Gt	50
14.	Mṛṅgāka Rasa	Cr	50
15.	Mṛtakajivana Rasa	Cr	50
16.	Mṛtaprāṇadāyī Rasa	Cr	50
17.	Mṛtyuñjaya Rasa	Gt	15
18.	Nāgendra Rasa	Gt	50
19.	Narasimho Rasa	Gt	50
20.	Navyacandra Rasa	Gt	39
21.	Nilakantha Rasa	Gt	42
22.	Rājavallabha Rasa	Gt	50
23.	Rasa Prayoga	Gt	50
24.	Rasendra cudāmaṇi Rasa	Gt	50
25.	Sarvalokāśrya Rasa	Gt	50
26.	Sarvamukharogāri Rasa	Gt	50
27.	Sarvarogahara Rasa	Gt	50
28.	Tālakarāja Rasa	Cr	19, 35
29.	Tālakarāja Rasa	Gt	50
30.	Tripubhairava Rasa	Gt	35
31.	Vadavānala Rasa	Gt	50
32.	Vijayādi Guda	Gt	50
33.	Viraprapāta Rasa	Gt	50
34.	Viṣa cūrṇa	Cr	53
35.	Viṣādi Guṭikā	Gt	19
36.	Vṛddhimātangakesarī Rasa	Gt	50
37.	Yogi Rasa	Gt	50
Kapha roga			
1.	Agnikumāra Rasa	Cr	41
2.	Amṛta Vaṭī	Gt	19
3.	Amṛtāṅka Rasa	Gt	27
4.	Bhūtāṅkuśa Rasa	Gt	27
5.	Hutāśana Rasa	Gt	50
6.	Kalānala Rasa	Cr	42
7.	Kaphaketu Rasa	Cr	19, 47, 50
8.	Kaphaketu Rasa	Gt	17, 42, 49, 53, 54
9.	Kaphakuñjara Rasa	Gt	19, 54
10.	Kaphakuthara Rasa	Cr	50
11.	Kaphāntaka Rasa	Cr	50
12.	Kaphāri Rasa	Cr	50
13.	Kaphavātāri Rasa	Gt	50
14.	Kaphavidhvaṇasana	Gt	50

	Rasa		
15.	Loha sundara Rasa	Cr	50
16.	Raktasūtaśekhara Rasa	Cr	19
17.	Śaṅkara Vaṭī	Gt	50
18.	Śleṣma Kālānala Rasa	Cr	47, 50, 54
19.	Śleṣmavātaghna Rasa	Gt	50
20.	Vadavānala Rasa	Gt	50
21.	Vahnigarbha Rasa	Gt	50
22.	Vatsanābhādhya Guṭikā	Gt	11, 19
Pāṇḍu			
1.	Ānandodaya Rasa	Gt	17, 19, 49
2.	Anila Rasa	Gt	26, 50
3.	Arkamurti Rasa 3	Cr	50
4.	Bhāradvāja Rasa	Gt	49
5.	Caṇḍabhāskara Rasa	Gt	19, 50
6.	Cīncā Kaṣaya	Kaṣaya	27
7.	Kāmeśvara Rasa	Gt	19, 36, 43, 49,50
8.	Kāmeśvari Vatika	Gt	43
9.	Laghvānaṇḍa Rasa	Gt	42
10.	Madēbhasiṇha Rasa	Gt	19, 47
11.	Madēbhasiṇha Sūtam	Gt	26
12.	Pāṇḍupaṅkaśoṣaṇa Rasa	Cr	19, 36
13.	Pāṇḍuroga Vidhvansana Rasa	Cr	50
14.	Pāṇḍuśoṣaṇa Rasa	Gt	49
15.	Prāṇadā Parpaṭī	Cr	19, 50,54
16.	Pratāpalankeśvara Rasa	Gt	19, 43
17.	Rājaśekhara Vaṭī	Gt	19
18.	Rajashekhari Vati	Gt	43
19.	Siddhabhairava Rasa	Gt	50
20.	Udaya Bhāskara Rasa	Gt	19, 26, 50
21.	Vaiśvānara Loha	Gt	50
22.	Vijayā Vaṭika	Gt	36
Sūtikāroga			
1.	Lakṣamīnārāyaṇa Rasa	Gt	17
2.	Mahā Rasa Shadrāla	Gt	42
3.	Mahābhra Vati	Gt	17, 42, 47
4.	Mahāśārdūla Rasa	Gt	19
5.	Pratāpalankeśvara Rasa	Cr	19
6.	Rasaśārdūla Rasa	Gt	17, 42
7.	Rasavaikṛtiyoga	Gt	15
8.	Sūtikābharaṇa Rasa	Gt	50
9.	Sūtikāntaka Rasa	Gt	17, 42, 47, 54
10.	Sūtikātaṅkanāśana Rasa	Cr	50
Śoṭha			
1.	Agnikumāra Rasa	Gt	26
2.	Dugdha Vati	Gt	17, 50
3.	Kalpalatā Vaṭī	Gt	17
4.	Kṣetrapāla Rasa	Gt	17

5.	Kṣīra Vaṭī	Gt	17
6.	Pañcāmṛta Rasa	Gt	17
7.	Rasabhūpati Rasa	Gt	27
8.	Śophāri Rasa	Gt	26, 27
9.	Takra Maṇḍūra	Gt	17
10.	Takra Vati	Gt	17, 50
Viṣa			
1.	Ākhuviśāntaka Rasa	Gt	15
2.	Devadārvyādi Yoga	Cr	36
3.	Mahāmṛtyuñjayā Guṭikā	Gt	19, 57
4.	Mṛtyupāśacchedi Ghṛta	Gr	17, 19
5.	Prabhāvatī Guṭikā	Gt	27
6.	Rasa Yoga	Gt	19
7.	Sarveśvara Rasa	Cr	43
8.	Śikhari Ghṛta	Gr	17
9.	Śīriṣa Prayoga	Cr	36
10.	Trailokyacintāmaṇī Rasa	Cr	56
Apaci			
1.	Viṣa kalpa	Cr	36
Asṛgdara			
1	Bālasūryodaya Rasa	Gt	27
Bhrama			
1	Bhramanashini Vati	Gt	50
Charma Paitya			
1	Pitavidhvaṅsa Rasa	Gt	26, 50
Dāha			
1	Chakra Rasa	Gt	50
Halimaka			
1	Halīmaka Kulāntaka Rasa	Gt	27, 50
Kāmalā			
1	Tikṣṇādi Rasa	Gt	47
Khālitya			
1	Snūhādyā Taila	TL	19
Kṣūdra Roga			
1	Amṛtānkura Vaṭī	Gt	19, 50, 54
Medhya			
1	Viṣa kalpa	Gr	36
Mudhagarbha			
1	Viṣa kalpa	Cr	36
Nāsāroga			
1	Pañcāmṛta Rasa	Gt	17, 42, 47, 54
Raktapitta			
1	Gajakeśarī Rasa	Gt	27
Śoṣa			
1	PanchAmṛta Rasa	Gt	50
Stri Roga			
1	Rasaśārdūla Rasa	Cr	41
Svarabheda			
1	Bhairava Rasa	Gt	19, 42, 49, 50
Netraroga			

1	Pushpankusha Rasa	Cr	43
2	Rasakriya	Cr	43
Śītapitta			
1	Guḍaajavāyana Vaṭī	Gt	48
2	Rasādi Guṭikā	Gt	26
Śīroroga			
1	Mahā Lakṣmīvilāsa Rasa	Gt	19, 27, 42, 47, 54
2	Svachchhanda Bhairava Rasa	Cr	43
Ślīpada			
1	Ślīpada Gajakesarī Rasa	Gt	17, 19, 54
2	Ślīpadāntaka Guṭikā	Gt	18
Somaroga			
1	Gaganādi Lauha	Cr	19, 41, 42, 54
2	Jatiphalāhaladi Vati	Gt	50
Sthaulya			
1	Puṣṭyaṅkuṣa Rasa	Gt	41
2	Sthaulyāntaka Rasa	Gt	50
Sveda paitya			
1	Amṛteśvara Rasa	Gt	26, 27
2	Udadunala Rasa	Cr	19, 57
Tridoṣahara			
1	Amṛta Vati 2	Gt	50
2	Siddhanātha Rasa	Gt	50
Upadaṇṣa			
1	Amīra Rasa	Cr	22
2	Bhagandaropdanshari Rasa	Cr	43
Vidradhi			
1	Kanaka Sundara Rasa	Cr	43
2	Sarveśvara Parpaṭi Rasa	Cr	36
Medoroga			
1.	Agnivilāsa Rasa	Gt	49
2.	LohaRasāyana m	Cr	43
3.	Pushpankusha Rasa	Gt	50
Prasūtiroga			
1.	Lakṣmīnārāyaṇa Rasa	Gt	15
2.	Prasūtijvara Vaṭī	Gt	48
3.	Pratapa Lankeshawara Rasa	Cr	12, 50
Visarpa			
1.	Kālāgnirudra Rasa	Gt	17, 40
2.	Vārīsāgara Rasa	Gt	27
3.	Visarpajita Rasa	Cr	19
4.	Visarpanāśana Rasa	Gt	40, 42, 44, 50, 54
Pittaroga			
1.	Nārāca Rasa	Gt	27
2.	Pitta Kulāntaka Rasa	Gt	27
3.	Pitta vidhvaṇsana Rasa	Gt	27
4.	Pittantaka Rasa	Cr	50
5.	Śrī Rāmabāṇa Rasa	Gt	27

Karṇaroga			
1.	Bhairava Rasa	Gt	42, 47
2.	Kaphaketu Rasa	Gt	42, 47
3.	KarnAmṛta Rasa	Cr	50
4.	KarnAmṛta Taila	TL	57
5.	Karṇarogahara Rasa	Cr	19
6.	Vajrādi Vartikā	Gt	47

Kuṣṭha (disease of skin) – These includes 79 references of Vatsanabha usages. Gutika is maximum (48) dosage form in the management of Kuṣṭha.

Sarva roga (all disease) – These includes 37 references of Vatsanabha usages. Maximum dosage form is Gutika (30) in the management of Sarva roga.

Pāṇḍu (anaemia) – These includes 22 references of Vatsanabha usages. Gutika is maximum (17) dosage form in the management of Pāṇḍu.

Kapha roga (disease of head and neck) – These includes 22 references of Vatsanabha usages. Gutika is maximum (13) dosage form in the management of kapha roga.

Viṣa (poison) – These includes 10 references of Vatsanabha usages. Gutika is maximum (04) dosage form in the management of Viṣa.

Śōtha (inflammation) – These includes 10 references of Vatsanabha usages. Gutika is maximum (10) dosage form in the management of Śōtha.

Sūtikā Roga (post natal disorders) – These includes 10 references of Vatsanabha usages. Gutika is maximum (08) dosage form in the management of Sūtikā Roga.

Other indications

One each in Apacī (enlargement of gland of the neck), Asṛgdara (menorrhagia), Bhrama (giddiness), Carma Paitya (excessive pitta in skin), Dāha (burning sensation), Halimaka (hepatitis), Kāmalā (hepatitis), Khālitya (hair fall), Kṣudra Roga (minor diseases), Medhya (intellect), Mudhagarbha (the foetus astray), Nasaroga (nasal disease), Raktapitta (hemorrhage disorders), Śōṣa (destroying disease), Stri roga (gynaecological disorder), and Svarabheda (hoarseness of voice). Two each in Netraroga (eye disease), Śtīpitta

(urticaria), Śīroroga (head disease), Ślīpada (elephantiasis), Somaroga (poly urea), Sthaulya (obesity), Sveda paitya (perspiration), Tridoṣahara (tridoṣa related disease), Upadaṇśa (syphilis) and Vidradhi (boil). Three each in Medoroga (obesity), Prasūtiroga (obstetrics disease) and four each in Visarpa (ersipelas). Five each in Pittaroga (pitta related disease). Six each in Karṇaroga (ear disease).

DISCUSSION

It is evident from the formulations noted in various classical texts of Ayurveda that Vatsanābha, due to its first acting properties, is used in the treatment of Jvara (fever) (382), Vātavyādhi (neuromuscular anomalies) (97), Kuṣṭha (disease of skin) (79), Agnimāṇḍya (digestive impairment) (79), Grahaṇī (sprue) (69), Kāsa (cough) (68), Śūla (colic pain) (58), Ajīrṇa (indigestion) (58), Rājyakṣmā (tuberculosis) (49), Śvāsa (asthma) (37), Prameha (diabetes) (23), Gulma (abdominal lump) (22), Udararoga (disease of abdomen) (19), Arśa (piles) (13), Viṣa (poison) (10), Śoṭha (inflammation) (10) Plihāroga (splenic disease) (7), Udāvarta (upward movement of gases) (02), and many diseases mentioned above along with Rasayana properties. In dosage form gutika was found maximum (1034), Cūrṇa (355), Taila (7), Ghṛta (5), Avleha (4), Kvātha (3), and svarasa (1). This may be due its recommended very small therapeutic dose and its maximum use in Rasakalpa.

CONCLUSION

Vatsanābha finds a wide range of therapeutic importance in 1378 formulations as internal applications in almost 79 disease conditions. In dosage forms gutika was found maximum (1034) and maximum formulaton found in treatment of jwara (382). Moreover, its use for Rasayana, vrishaya and vajikarana karma inspite of being included in poisonous plant category again draw attention towards internal administration. More thorough experimental and clinical data can suffice the validation of these internal uses of Vatsanābha.

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